



Desert Spa  
At Villa del Arco



## **DESERT SPA & FITNESS CENTER AT VILLA DEL ARCO LOS CABOS**

The beauty of nature can have a profound effect on the senses, and nature's elements can have a lasting effect on beauty and wellbeing. It is an infinite cycle that opens a gateway from the outer world into the inner world; a life force that shapes the foundation of every being.

Desert Spa and Fitness Center with a full range of luxurious treatments, classes and therapies connects the innovation, the latest technology with rejuvenating power of water.

Our customized services are designed to create memorable experiences based on unique techniques and the highest-quality products that are delivered with care by skilled therapists.

We are committed to inspiring your wellness journey while delivering uncompromising indulgence and the finest expression of service.

Your comfort and your wellbeing is important to us.



## WELLNESS IMMERSIONS

Restorative wellness takes time. Our immersions are longer, curated experiences that combine multiple treatments to offer targeted benefits.

### SLIM+DETOX RITUAL – COFFEE LEMON

**120MINUTES**

This decadent experience begins with a dry brushing to promote lymphatic drainage and detoxification while gently removing dead skin cells. Coffee and Lemon provide antioxidant properties to detoxify the skin, increase circulation, and reduce the effects of aging. Soak up the benefits while you enjoying relaxing full body massage. Conclude this magical experience with facial that will give you instantly firmed, brighter skin.

### ENERGIZE+ILLUMINATE RITUAL – VITAMIN C

**160MINUTES**

Immerse your skin in antioxidant power of a vitamin C to protect skin against free radicals and repair damage brought by environmental factors. This nutrient-rich sensorial face and body ritual restore vitality to sun damaged skin and help minimize the signs of premature aging. The perfect choice to recover skin firmness, improve luminosity, fight dark spots and increase elasticity while pampering yourself with a delicate blend of Mediterranean scents.

### RELAX+CALM+REJUVENATE RITUAL – LAVENDER

**160MINUTES**

Reach a complete state of relaxation with benefits of lavender. This ritual begins with an aromatic body bath that provides serenity, calm and hydration, and continues with a prebiotic facial treatment that helps to prevent the signs of aging, as it protects the skin against damage caused by pollution and blue light from digital devices. Your skin's complexion will appear rejuvenated, healthier and brighter.

### RESTORE+HYDRATE RITUAL – DIAMOND AND DAMASK ROSE

**160MINUTES**

Escape the everyday routine with this indulgent face and body ritual. A sublime exfoliating massage with Diamond Dust and the pleasant scent of Damask Rose Oil will gently remove dead skin cells, followed by super hydrating finishing veil mask that will restore and renew your body. Radiance boosting facial conclude this ritual.



## SKIN WELLNESS

### DESERT SPA SIGNATURE GEMSTONE FACIAL – HYDRATE

**50 MINUTES**

Experience a journey through light and intention with this exquisite facial treatment powered by Citrine Gemstone and essential oils. An aromatic blend of fresh citrus and green notes, fused together with earthy, warm undertones designed to awaken the best in you. The blend of essential oils and Citrine gemstone correspond to the Solar Plexus and Heart Chakra, the energy centers of love and courage. Carrying the power of the sun, Citrines natural energy is warm and comforting, illuminating your true self. After microcrystal exfoliation with spicy enzyme peel, luxurious gemstone massage, and a cocktail of brightening antioxidant serums your skin will be illuminated and rejuvenated.

### DESERT SPA ENZYME FACIAL – TONE

**80 MINUTES**

Experience unparalleled results in just one treatment. A revolutionary combination of proteins and B vitamin complex activate vital energy necessary for healthy cellular function, dramatically enhancing the appearance of skin tone and texture. An advanced stimulating peel is coupled with layers of skin-tightening masks, which are systematically applied to visually improve the overall look of the skin.

### DESERT SPA GLYPRO PEEL – SMOOTH

**50 MINUTES**

An effective, yet gentle facial utilizes Glycolic Acid and Protein Enzyme Complex to gently remove dead skin cells. Your skin will be deeply moisturized, smoother and more vibrant. Rough texture, hyperpigmentation, and fine lines and wrinkles will be visibly improved.



### DESERT SPA 3D COLLAGEN FACIAL – FIRM+LIFT

**90MINUTES**

A unique anti-ageing treatment designed to lift, firm and define facial contours. This cutting-edge facial uses marine collagen with a stimulating contouring massage, an Essential Shock Intense mask and a subsequent silicon veil mask to boost and restore the skin's natural collagen.

### DESERT SPA NONSURGICAL FACELIFT – HIGH-DEFINITION

**90MINUTES**

Immerse yourself in this 90-minute miracle, a master cleansing ritual and deep exfoliation followed by a definitive energetic massage with our Activating Facial Brush, increasing microcirculation and preparing the skin for Inhibit anti-wrinkle ultra-concentrate with relaxing neuropeptides reparative and hydrating mask with filling effect from hyaluronic acid. The result: renewal, firming, brightness, and an instant, powerful tightening effect coupled with exceptional hydration.

### DESERT SPA VITAMIN C FACIAL – ENERGY + LUMINOSITY

**80MINUTES**

Give a fresh and invigorating dose of vitamin C to your skin and embrace your new glowing complexion. Vitamin C is one of the most effective antioxidants for dramatically neutralizing negative impact of the free radicals and oxidative stress that cause signs of aging. This nutrient-rich sensorial facial restore vitality to sun damaged skin and help minimize the signs of premature aging. The perfect choice to recover skin firmness, improve luminosity, fight dark spots. Indulge in the invigorating citrus aroma and show off exquisite, intensely hydrated, luminous skin. Say goodbye to signs of fatigue and dull tone.

### DESERT SPA CARBOXYTHERAPY FACIAL – REVITALIZE

**50MINUTES**

Feel the ravishing, dramatic effects of pure glow-on-the-go with carboxytherapy. This treatment combats the signs of skin aging through the application of CO<sub>2</sub>, producing an effervescent explosion of oxygen that result in visibly revitalized skin.



## THE POWER OF TOUCH

### DESERT SPA CUSTOM TISSUE MASSAGE

**30 / 50 / 80 MINUTES**

Alleviate stress, ease aching muscles and revive the senses with this powerful, customized massage. Dynamic blends of Essential Oils are prescribed to target individual needs and reduce specific stress and muscle tension.

### DESERT SPA SIGNATURE MASSAGE

**90 MINUTES**

Reduce muscle tension and restore your energy with this uniquely choreographed fusion of highly therapeutic massage created by our therapists. This aromatherapy massage combines different massage techniques that will bring you in a state of absolute relaxation.

### DESERT SPA HOT STONE MASSAGE

**80 MINUTES**

This full body massage tailored to suit your individual needs, uses warm smooth stones that are expertly glided over the body with varying pressures while relaxing the body and rejuvenating the mind.

### NURTURING MASSAGE FOR MOMMY TO BE

**30/50/80 MINUTES**

This inspirational massage therapy adapted to each stage of pregnancy connects mother and baby through the power of touch by working with two heartbeats as one. Specialized positioning on the unique body cushion is used to ensure comfort and relaxation. Back tension is relieved and swelling in the hands and feet is reduced.



## BODY SCRUBS AND WRAPS

### DESERT SPA CREAMY COCONUT BODY GLOW

**90MINUTES**

Treat yourself to this deep hydrating treatment that uses the highest quality botanicals and pure coconut milk. This aromatic journey start with refreshing foot soak and continues with application of invigorating white sand and mint body polish followed by deep hydrating mineral-rich mask infused with coconut milk. After cleansing shower, you will receive a luxurious full-body massage.

### DESERT SPA AFTER SUN BODY TREATMENT

**80MINUTES**

This pleasantly cooling body treatment soothes and refreshes the skin after sun exposure. Natural Aloe Vera hydrates the skin while nourishing coconut milk proteins promote skin repair and regeneration. Milk bath and pressure point face and scalp massage is included.

### DESERT SPA SENSORIAL EXPERIENCE

**90MINUTES**

Escape the everyday routine with a sublime exfoliating technique to indulge your senses. Choose from Papaya-Pineapple, warm vanilla-honey or white sand mint scrub. After cleansing shower enjoy full body massage.



## JUST FOR MEN WELLNESS EXPERIENCES

### MASSAGE IN A BOTTLE RITUAL

**30/50/80MINUTES**

Whether your body is craving an indulgent all-over body rub down to fully unwind, a deep tissue back & leg restoration ritual, or an express shoulder massage with neck, face & scalp. Simply choose your massage length and we will work with you to design an entirely customized treatment, tailored to satisfy your senses with your chosen body oil.

### THE SCRUB & RUB

**90MINUTES**

For ultimate pampering, this treatment includes body exfoliation, cleansing shower and full body massage tailored to your needs.

### NOURISH AND REVIVE FACIAL

**60MINUTES**

This highly effective, soothing treatment calms redness and alleviates irritated or sensitive skin. A healing propolis ampoule is applied to desensitize the skin's surface and prepare the skin for oxygenating phase. capillaries. A cooling algae mask with lavender and vetiver is then applied to seal in the benefits of the vitamin-enriched ampoule, leaving your skin nourished and revived.

### GENTLEMANS FACIAL

**80 MINUTES**

Exclusively created for men's specific skincare needs, this powerful effective deep cleansing treatment utilizes black caviar and marine collagen. Enjoy a relaxing scalp and neck & shoulder massage while cooling algae mask is applied to sooth even the most sensitive skin. Fantastic for those affected with shaving rash, razor burn or ingrown hair.





## **BEACH CABANA AND POOLSIDE EXPERIENCES**

**\* 20 MINUTES**

Indulge in a spa treatment from selection below in the comfort of beach cabana or at the main pool area

- Face & Body Aloe and Coconut milk Skin Soother
- Refreshing Facial.
- Nourishing Hair & Scalp Treatment.
- Back, Neck & Shoulder Massage.
- Foot and Ankle Massage.
- Pressure point head, face and foot massage.



## COUPLES WELLNESS EXPERIENCES

### TIME FOR TWO

Enjoy unforgettable moments with the person you love in a romantic Spa setting. This romantic journey starts with relaxing foot bath ritual followed by a full body exfoliation and soothing scalp treatment. After a cleansing shower, receive a customized massage that promote reconnection on emotional and spiritual level.

### COUPLES RETREAT

Beautiful and memorable way to celebrate your honeymoon, your anniversary or any special occasion. Take off on the ultimate sensory adventure together with full body hot stone massage, followed by body exfoliation with scrub of your choice. After cleansing shower, relax in a Hydro-bubble bath infused with romantic essential oils.



## **JUST FOR KIDS AND TEENS WELLNESS EXPERIENCES**

\*kids 5-12 and teens 13-17\*

### JUST FOR KIDS (AGES 5-12)

Princess Manicure  
Twinkle Toes Pedicure  
Pampering Facial  
Kid's massage  
Simply Sweet Hair Cut & Style

### JUST FOR TEENS (AGES 13-17)

Make-Up Application  
Purifying Facial  
Mini Massage  
Mini Manicure  
Mini Pedicure



## BEAUTY SALON SERVICES

MANICURE

PEDICURE

WAXING

(Available for lip, nose, eyebrows, chin, back, underarm, legs and bikini)

HAIR CARE

(from hair treatments to cut, curls, flat iron, blow-dry and style for any occasion)

PROFESSIONAL MAKEUP



## BRIDAL WELLNESS PACKAGES

Unwind and create lasting memories as you prepare for your special day and beginning of new chapter with friends at our beautiful Desert Spa- one of the largest Spa & Wellness Facilities in Baja California Sur region. At Desert Spa you can enjoy a variety of face and body treatments, a nutritionally balanced lunch and access to our facilities – including our sauna, aromatic steam room, invigorating showers, heated hydrotherapy pool and relaxation area.

### BRIDE TO BE COLLECTION

Welcome Foot Soak Ritual  
Full Body Massage  
Body Exfoliation  
Facial Treatment  
Gel Manicure and Pedicure  
Bridal Hairstyle and Makeup application (trial session included)

### THE GROOM COLLECTION

The Scrub & Rub treatment  
Gentleman's Facial  
SPA Manicure and Pedicure

### BRIDESMAIDS COLLECTION

Full Body Massage  
Gel Manicure and Pedicure



#### THE GROOMSMAN COLLECTION

Full Body Massage  
Gentleman's Facial

#### MOTHER OF THE BRIDE / GROOM

Full Body Massage  
Facial Treatment  
Spa Pedicure

#### THE BRIDAL PARTY EXPERIENCE

- Your choice of a 30-minute facial/massage/  
body scrub and wrap/manicure/pedicure
- A delicious, healthy lunch
- A glass of champagne or cocktails served  
during lunch
- Access to our wet areas: *sauna, aromatic  
steam room, invigorating showers, heated  
hydrotherapy pool and relaxation area.*
- Access to the gym and yoga studio

You can also add on:

A private Fitness or Wellness class of your choice of (Yoga, Meditation,  
Pilates, Fitness training session, Tennis or Pickleball class)

## DESERT SPA ETIQUETTE & POLICIES

### HOURS OF OPERATION

- Spa - daily from 8am-8pm
- Fitness Center- daily from 6am-11pm

Our Desert Spa's environment is one of tranquility and relaxation. In consideration to other guests, we kindly ask you to not use mobile phones in the spa area.

All spa areas are nonsmoking.

We recommend scheduling treatments in advance to ensure availability and preferred appointment times.

Please inform us of any allergies or injuries that may make the treatment you have chosen unsuitable.

We will be happy to advise safer alternatives.

Tel: (624) 145-7202

Email: [spaconcierge@villagroup.com](mailto:spaconcierge@villagroup.com) | [desertspa@villagroup.com](mailto:desertspa@villagroup.com)

### ARRIVALS

Our services are carefully planned to accommodate each and every guest. In the spirit of mutual respect, we kindly request that you arrive on time. We encourage you to arrive 1 hour ahead of time of your service and we invite you to enjoy the rejuvenating power of water in our exclusive wellness facility that include whirlpool, cold plunge, pressure shower, sauna and steam room. Late arrivals will be performed within the scheduled treatment time, while the fee will remain unchanged.

### ADVANCED BOOKINGS

We highly recommend you to book your treatments in advance to ensure your preferred time, therapist and services are availability.

### PREGNANCY

We have specially designed treatments for expectant mothers and please note that you must be past the first trimester of pregnancy to be able to receive a treatment. Please allow us to assist you in selecting suitable treatments for this special time.

### CANCELLATIONS

Please allow a minimum of six (6) business hours notice for cancellation or rescheduling of treatments to avoid a cancellation charge of 100% of the treatment cost. No-shows will also be charged 100% of the treatment cost.

### JEWELRY

We recommend that no jewelry should be worn to the spa. Management accepts no responsibility for the loss of valuables brought onto the spa premises. Please keep all valuables in your locker during your visit.

### AGE REQUIREMENTS

The minimum age requirement for access to the Spa and Fitness center is 16, with the exception of treatments specially designed for kids and teens.

### SPA AMENITIES

You will be provided with a bathrobe and sandals, as well as a locker for your clothing and personal belongings. You will find additional amenities throughout our hydrotherapy and relaxation areas for you to enjoy.



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Ranked #1 of 35 Spas & Wellness in Cabo San Lucas